



**Dear BRNET Members and Friends of BRNET:**

Thank you for being a part of the Bullying Research Network! In our May newsletter, you will find updates from the network.

Be sure to check out our website at <http://cehs.unl.edu/BRNET/> for additional resources and announcements.

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**SAVE THE DATE—Notice the date change!**

The **Committee for Children** and the **University of Washington** are co-hosting the 7<sup>th</sup> Annual Bullying Research Network Think Tank on **July 27<sup>th</sup> and 28<sup>th</sup>, 2017** in Seattle, WA. The focus of the Think Tank will be on middle and high school-aged students and **Translational Research in Cyberbullying: What We Know and What We Need to DO**. Rooms have been reserved at Mayflower Park Hotel. Please register at the link below:

**Registration for the event is open:** <http://www.cfchildren.org/brnet-think-tank>.

Committee for Children website: <http://www.cfchildren.org/>

Mayflower Park Hotel website: <http://www.mayflowerpark.com/>



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**BRNET Membership Website - Update**

Dear BRNET Members,

We're in the process of updating our Bullying Research Network website and need your most current CV and a brief biography. If you have not already done so, please email the following information to [bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com):

1. contact information that can be posted on the BRNET website,
2. a brief biography of you and your research,
3. a list of your current/ongoing projects in bullying prevention and intervention,
4. an annotated bibliography of your work in this area (i.e., full reference plus a few sentences about the work),
5. relevant web-based links you would like to share, and
6. an updated version of your Curriculum Vitae.

Please send your information to Ana Damme, BRNET Coordinator ([bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com)).

Thank you!

*Dr. Susan Swearer and Dr. Shelley Hymel*  
**Co-Directors, Bullying Research Network**

*Ana Damme*  
**BRNET Coordinator**

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### **BRNET New Members!**

BRNET has a current total of 192 members! Three new members joined in the past month! Welcome to the BRNET, **Drs. Chiaki Konishi, Hezron Onditi, and Noam Lapidot Lefler!**

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Please send recommendations for potential BRNET members (i.e., faculty, researchers, and clinicians who are conducting research on bullying or related topics) to Drs. Shelley Hymel, Susan Swearer, or to [bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com).

*If you have recently joined BRNET and have not yet provided your information, please send the following to [bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com).*

- 1) contact information that can be posted on the website;
  - 2) a brief biography of you and your work;
  - 3) a list of current/ongoing projects in this area;
  - 4) an annotated bibliography of your work in this area (i.e., full reference plus a few sentences about the work), and;
  - 5) relevant web-based links you would like to share.
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### **Friends of BRNET**

Friends of BRNET is a group of graduate students, administrators, parents, and individuals who are interested in learning more about the Bullying Research Network. Friends of BRNET receive our monthly e-newsletter. If you are interested in becoming a Friend of BRNET or want to refer someone to Friends of BRNET, please email Ana Damme, the BRNET Coordinator, at [bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com) with the following information: name, title, address, and email address.

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### **BRNET Member Grant/Funding Announcements**

Receipt of funding facilitates the BRNET mission to conduct interdisciplinary research related to bullying and aggression, with particular attention being paid to the link between basic and applied research. Thus, the BRNET directors are excited to offer members a new opportunity to share grants (and other sources of funding) they have received for their research projects.

Funding varies across countries and is not limited to federal grants. If you are interested in sharing your grants or funding with other BRNET members, please send an abstract of the research funding along with the funding source to [bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com) and we will post the information on our website.

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### **BRNET MEMBER ANNOUNCEMENTS**

### **(1) Cyberbullying and Traditional Bullying: The Experiences of Poly-Victimization Among Diverse Youth by Myers, Swearer, Martin, & Palacios**

This study sought to advance the authors' understanding of the relationship between traditional bullying (i.e., verbal and physical) and cyberbullying. Data were collected from 1,182 participants, ages 13 to 25 ( $M = 19.66$ ;  $SD = 3.03$ ) from 75 different countries via an on-line, world-wide survey. Results found that participants experienced both in-person bullying and cyberbullying (i.e., poly-victimization). Additionally, bisexual, pansexual, or queer participants reported more frequent cyberbullying victimization when compared to both heterosexual and gay or lesbian participants. Sexual minority participants also reported victimization through significantly more electronic sources. Specifically, gay and lesbian, bisexual, pansexual, and queer participants reported higher numbers of victimization modalities when compared to heterosexual participants. Results from this study expand the authors' awareness of the poly-victimization experiences of youth and young adults and fill in important gaps in understanding these experiences for diverse sexual orientations and gender identities.

Myers, Z. R., Swearer, S. M., Martin, M. J., & Palacios, R. (2017). Cyberbullying and traditional bullying: The experiences of poly-victimization among diverse youth. *International Journal of Technoethics (IJT)*, 8(2), 42-60.

### **(2) Doctoral Positions Available at the University of Padova in Italy**

The School of Psychology at the University of Padova offers Ph.D. positions, all of which are supported by a fellowship. Fellowships through funding from the CARIPARO Foundation are available for foreign students. Foreign students can apply to the program in Psychological Sciences (June 2017 tentative deadline). Further information can be found on the University of Padova website: <http://www.unipd.it/en/node/1053> and on the Psychological Sciences Program website: <http://dottorato.psy.unipd.it/en>.

### **(3) Protecting Children Against Bullying and Its Consequences by Zych, Farrington, Llorent, & Ttofi**

This book focuses on factors that protect children from bullying and its consequences. This specific analysis of strengths, rather than weaknesses, builds on the current literature with a new positive focus. Throughout its chapters, the book synthesizes the newest research on the topic in a brief and reader-friendly format. Meta-analyses and research syntheses are reviewed, together with empirical findings, to provide a global vision on what is being done and what can be done to protect children from bullying. Findings from the more common cross-sectional studies are included together with the results from newer prospective longitudinal studies that are uncovering causal relationships.

We hope that this book provides a comprehensive and global vision of research related to the protection of children from bullying and its consequences. It is also hoped that having these studies reviewed and gathered in a single book will encourage further development of anti-bullying policies and practices. This book shows that decreasing bullying is possible and should be attempted. If these findings are applied, many children can be protected, saved, and hopefully brought up in healthier communities and societies.

For more information about *Protecting Children Against Bullying and Its Consequences*, please visit this website <http://www.springer.com/gp/book/9783319530277> or see the attached flyer.

### **(4) BPS Bullying in Schools Seminar at Keele University—Wednesday, July 19<sup>th</sup>**

We are excited to announce that the programme for the second Bullying in Schools seminar has now been finalised (please see details attached). Please follow this link, <https://tinyurl.com/z4phjxs>, to register your attendance. The £10 registration fee enables us to cover refreshments and lunch for all attendees and open up the event to a wider audience. Places are limited to 50, so early booking is advisable. Those registered for the events will be contacted directly. Please feel free to circulate this announcement to other interested parties. Any queries please contact Claire Fox at [c.fox@keele.ac.uk](mailto:c.fox@keele.ac.uk).

### **(5) Cyber Bullying Study—STEP UP**

Dr. Caroline Hunt and her doctoral student, Karoline Prinz, of the University of Sydney in Australia have developed an online program to help young people aged 16 to 19 years old develop skills to combat cyberbullying. The program includes psychoeducation and takes a CBT approach. They are running a research study to assess its effectiveness. They have ethics approval from the University of Sydney to recruit from Australia, New Zealand, North America, and the United Kingdom. For more information about the study, please visit the following website and Facebook page:

<http://www.step-up.co/>

<https://www.facebook.com/CyberBullyingProgramStepUp/about/>

### **(6) School Bullying: Teachers Helping Students Cope by Dr. Phillip Slee**

To effectively cope with school bullying, it is essential to understand the issues underpinning student peer group dynamics in the school, classroom, and community, and this view lies at the heart of the text. While the experience of bullying others or being victimized is identified with an individual or group the solution lies with the systems (e.g., community, school, classroom, family) of which the individual is a part. Particular emphasis is given to the role of prosocial behavior and a strengths-based perspective in addressing how students cope with school bullying within a systemic context.

The text is strongly informed by the author's experience in developing and conducting national and international school-based anti-bullying and mental health interventions. The book advocates a systems based approach to addressing school bullying as illustrated with a program developed and evaluated by the author called the 'P.E.A.C.E. Pack: A program for reducing bullying in schools'. This book translates research into practice with a strong evidence-based application drawing on an extensive data base. Each chapter contains practical information and research on school/classroom/community applications, trends and issues in the field and practical ideas for implementing anti-bullying measures.

The first two sections consider ways to promote positive peer relations in schools and the dynamics of peer groups. Consideration is then given to cyber bullying and to theories explaining violence, aggression and bullying. Later sections examine the nature and effects of bullying, from early childhood through to adolescence on vulnerable groups, including students with special educational needs and disabilities and LGBTQ young people. The book details information for schools and teachers on ways to collect data and information to inform the interventions and policies of their school. School and classroom based resources for teachers, counsellors and administrators are identified. Further resources can be found on the Flinders Centre for 'Student Well-being & Prevention of Violence (SWAPv)

<http://www.flinders.edu.au/ehl/swapv/>

The book is available at: <https://www.routledge.com/School-Bullying-Teachers-helping-students-cope/Slee/p/book/9781138911932>

### **(7) Strengthen the Evidence for Maternal and Child Health Programs**

Researchers from the Women's and Children's Health Policy Center of Johns Hopkins University recently published an evidence review measured the national performance of bullying prevention and

intervention. The purpose of the review was to identify evidence-informed strategies that combat bullying. Six key findings emerged from the review and researchers and practitioners should take notice. A summary of the review is available:

[http://www.semch.org/uploads/3/4/9/4/34942022/npm\\_9\\_bullying\\_evidence\\_review\\_brief.pdf](http://www.semch.org/uploads/3/4/9/4/34942022/npm_9_bullying_evidence_review_brief.pdf).

You can also access the full report here:

[http://www.semch.org/uploads/3/4/9/4/34942022/npm\\_9\\_bullying\\_evidence\\_review.pdf](http://www.semch.org/uploads/3/4/9/4/34942022/npm_9_bullying_evidence_review.pdf).

### **(8) How to Prevent and Tackle Bullying and School Violence**

The European Commission just recently published the report *How to Prevent and Tackle Bullying and School Violence*. In the report, you will find a review bullying practices and strategies from European and international research. The report is aimed at policy-makers and practitioners to provide a review of the most effective bullying prevention and intervention strategies. A free download of the report can be found at: <https://bookshop.europa.eu/en/how-to-prevent-and-tackle-bullying-and-school-violence-pbNC0415454>.

### **(9) World Anti-Bullying Forum Conference**

Mark your calendars for the forthcoming conference, World Anti-Bullying Forum, which will take place on May 7th – 9th, 2017 in Stockholm, Sweden. The aim of this international and multidisciplinary conference is to broaden our understanding of bullying, harassment, discrimination, ostracism and other forms of degrading treatment and violence among children and youth by sharing knowledge, exploring new perspectives and acknowledging that bullying and other forms of degrading treatment have to be understood as a complex interplay between individual, interpersonal and contextual factors. The conference invites perspectives from different disciplines and areas such as (but not limited to) psychology, social psychology, sociology, social anthropology, education, gender studies, social work, health sciences, childhood studies, political science, philosophy, and criminology. The intention of the conference is to create multidisciplinary and cross-level dialogues, panels and meetings to improve the understanding of bullying and the work to stop and prevent it. **The deadline for abstract submission has passed.** Here is a link to the conference website: <http://www.wabf2017.com/>. Information about the conference has also been posted to the BRNET website: <http://cehs.unl.edu/BRNET/conferences/>.

### **(10) Social-Emotional Learning Resource Finder**

As research continues to underscore the importance of social-emotional learning (SEL) and mental health for academic and life success, it becomes important to recognize the many different ways to promote SEL and to create safe, respectful, and supportive learning environments that maximize potential and optimize well-being in children and youth. The SEL Resource Finder was developed as a “one-stop” website for educators and anyone who works with children and youth to learn about how to foster social-emotional learning (SEL) and mental well-being in any educational setting.



Developed at the University of British Columbia under the direction of Dr. Shelley Hymel, the site ([www.selresources.com](http://www.selresources.com)) currently provides brief descriptions and links to over 400 resources (programs, lessons, books, videos, etc.) aimed at promoting SEL and positive mental health in educational settings, including resources that address bullying and school violence. This site was made possible by contributions from several foundations, and most notably the Edith Lando Charitable Foundation, and we are grateful for their continued support.

### **(11) Web resource from DrugRehab.com**

DrugRehab.com provides information, resources, and treatment for people battling addiction and related conditions. Their mission is “to equip patients and families with the best information, resources, and tools to overcome addiction and pursue lifelong recovery.” A link is provided to an educational guide about that provides information about adolescent bullying, addiction, and mental health issues:  
<https://www.drugrehab.com/guides/bullying/>

**(11) Invitation to write a chapter for the forthcoming book, *Best Practices in Bullying Continuum of Care: Prevention, Intervention, and Recovery***

Colleagues:

By any measure bullying has been documented as a major social problem in the Global Community. Here in the U.S. bullying is having a negative impact on our schools and communities. The academic community, practitioners, and policy makers are grappling with problems associated with bullying. The purpose of this book is to contribute to the theory and practice on bullying by documenting what works. It focuses on evaluation research findings that are based on empirical data. Research findings that are promising in moving toward "best practices" will be considered. An abstract of 250 words is due by April 30, 2017. Your manuscript should not exceed 30 pages, double-spaced. Please use the APA style for references and documentation. **The deadline for submission of the completed manuscript has been extended to June 30, 2017.** The working title of the book is: *Best Practices in Bullying Continuum of Care: Prevention, Intervention, and Recovery*. The book is scheduled for publication in late 2017. Publishing details will be forthcoming. Please submit your contributions by email to Dr. Jacob U. Gordon at: [jgordon07@gmail.com](mailto:jgordon07@gmail.com).

Thank you.  
Dr. Jacob U. Gordon  
Professor Emeritus, University of Kansas  
Member of the Board of Directors,  
International Bullying Prevention Association (IBPA)

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Thank you for your involvement in the Bullying Research Network! If you have any news, information, research, suggestions for new members, or other materials that our members would find useful, please do not hesitate to email us at [bullyresearchnet@gmail.com](mailto:bullyresearchnet@gmail.com) and we will include it in our newsletter and/or on our website.

Most sincerely,



Dr. Shelley Hymel  
University of British Columbia  
BRNET Co-Director



Dr. Susan Swearer  
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BRNET Co-Director